



18th SPANISH OPEN 2020 MARCH 20th – POOMSAE & FREESTYLE (ADULTS AND KIDS) OUTLINE

PROMOTER: Royal Spanish Taekwondo Federation

ADDRESS: C/ Alvarado 16, bajo. Alicante 03009 (Spain)

TELEPHONE: +34 965370063

E-MAIL: <u>enacional@fetaekwondo.net</u>

ORGANIZING COMMITTEE (President: Jesús Castellanos)

ADDRESS: Real Federación Española de Taekwondo

C/ Alvarado 16, bajo. Alicante 03009 (Spain)

TELEPHONE: +34 965370063

E-MAIL: <u>presidente@fetaekwondo.net</u>

DATE: March 20th, 2020

VENUE: PALAU D'ESPORTS L'ILLA DE BENIDORM

Address: Departure Salto del Agua, s / n, 03502 Benidorm, Alicante

REGISTRATION AND ACCREDITATION: Thursday 19th March 2020

From 10:00h to 13:00h and from 15:00h to 18:00h



















POOMSAE KIDS TECHNICAL RULES:

Categories:

- Individuals must be divided according to age (natural years)
- The male and female categories of boys or girls should be classified as follows Minimum grade in the different categories:

Benjamin male	Alevin male	Infantil male	Cadet kids male
Up to 2012	from 2010 to 2011	from 2008 to 2009	from 2006 to 2007
Yellow	Orange	Green	Blue
Benjamin female	Alevin female	Infantil female	Cadete kids female
Up to 2012	from 2010 to 2011	from 2008 to 2009	from 2006 to 2007
Yellow	Orange	Green	Blue

Note: Competitors born until 2008 from 12 years old and older may only participate in one event: in the Kids Championships or in the Adults Championships, but never in both championships.

Mandatory POOMSAE for: FIRST ROUND

Mandatory POOMSAE 1 st ROUND	Benjamin Up to 8 yr	Alevin 9 and 10 yr	Infantil 11 and 12 yr	Cadet kids 13 and 14 yr
Male	Taegeuk 2 or 3 Jang	Taegeuk 3 or 4 Jang	Taegeuk 4 or 5 Jang	Taegeuk 5 or 6 Jang
Female	Taegeuk 2 or 3 Jang	Taegeuk 3 or 4 Jang	Taegeuk 4 or 5 Jang	Taegeuk 5 or 6 Jang

Grades table for the voluntary Poomsae

Voluntary POOMSAE for	2 rd and 3 rd ROUND
GRADE	Poomsae RECONOCIDOS
YELLOW/ORANGE	Taegeuk 1, 2, 3, 4, 5.
ORANGE	Taegeuk 1, 2, 3, 4, 5, 6.
GREEN	Taegeuk 2, 3, 4, 5, 6, 7.
BLUE	Taegeuk 3, 4, 5, 6, 7, 8.
BROWN	Taegeuk 4, 5, 6, 7, 8, Koryo.
1 ^s POOM or 1 ^s DAN	Taegeuk 5, 6, 7, 8, Koryo, Keumgang.
2 rd POOM o 2 rd DAN	Taegeuk 6, 7, 8, Koryo, Keumgang, Taeback.
3 rd POOM	Taegeuk 7, 8, Koryo, Keumgang, Taeback, Pyongwon

The half belts will take as reference the Poomsae of the lower level, for example:

- Orange/green belt, will take the orange one.
- Blue/red belt, will take the blue one.



















POOMSAE ADULTS TECHNICAL RULES:

Competitors must wear only the uniform approved by the RFET, WT and WTE.

- Minimum grade 1st Dan / Poom Red/black
- The participation of black collar and black belt in Cadet categories is NOT allowed.
- Red/black collar and red/black belt participation in Junior categories is NOT allowed.
- It is NOT allowed to compete without the presence of your coach in the area assigned for that purpose. Age of competition: natural year of birth.

No competitor may participate in more than 2 categories. (Example: 1 poomsae and 1 freestyle, 2 poomsae or 2 freestyle).

Categories:

Cadet male 12-14 yr
Cadet female 12-14 yr
Junior male 15-17 yr
Junior female 15-17 yr
Senior 1 male 18-30 yr
Senior 1 female 18-30 yr
Senior 2 male 31-40 yr
Senior 2 female 31-40 yr
Master 1 male 41-50 yr
Master 1 female 41-50 yr
Master 2 male 51-60 yr
Master 2 female 51-60 yr
Master 3 male 61-65 yr
Master 3 female 61-65 yr
Master 4 male from 66 yr
Master 4 female from 66 yr
Pair Cadet 12-14 yr
Pair Junior 15-17 yr
Pair 1 18-30 yr
Pair 2 from 31 yr
Team Cadet Male 12-14 yr
Team Cadet Female 12-14 yr
Team Junior Male 15-17 yr
Team Junior Female 15-17 yr
Team 1 Male 18-30 yr
Team 1 Female 18-30 yr
Team 2 Male over 31 yr
Team 2 Female over 31 yr



















Recognized poomsaes

	Categories	Recognized Poomsaes				
Cadet (12-14 yr)		Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang.				
Jur	nior (15-17 yr)	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebek				
Se	nior 1 (18-30 yr)					
Se	nior 2 (31-40 yr)	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin				
	Master 1 Male – Female	Taegeuk 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon				
	Master 2 Male – Female					
	Master 3 Male – Female	Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Chitae, Chonkwon, Hansu				
	Master 4 Male - Female					
٨	Cadet 12 to 14 yr	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang.				
Pair	Junior 15 to 17 yr	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebek				
	Pair 1 under -30 yr	Taegeuk 6, 7, 8, Koryo, Keumgang, Taeback, Pyongwon, Shipjin				
	Pair 2 over +30 yr	Taegeuk 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon				
	Cadet	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang.				
Te	am	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebek				
Team 1 under -30 yr Taegeuk 6, 7		Taegeuk 6, 7, 8, Koryo, Keumgang, Taeback, Pyongwon, Shipjin				
	Team 2 over +30 yr	Taegeuk 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon				



















Official uniform of the competitors approved by the RFET - WTE and WT:

Master division (51 yr old and over)



Male and Female: yellow top + dark blue pants

Cadet division (12-14 yr)



Male: White top (red/black collar) + dark blue pants Female: White top (red/black collar) + red pants

Junior and senior division (15-50 yr)



Male: White top + dark blue pants Female: white top + light blue pants

METHOD OF COMPETITION

POOMSAE

Each competitor, pair or team, will make two poomsaes by draw in the 1st round, two poomsaes in the 2nd round and two poomsaes in the 3rd round:

- Preliminaries (1st round): 50% of the contestants with the highest score, plus all tied ones that are within 50%, will pass to the Semifinal. Two of the 8 "mandatory poomsaes" will be made.
- > Semifinal (2nd round): it starts from "ZERO". Those 8 competitors who have the highest score after the performance of the two mandatory poomsaes in this round will pass to the final.
- Final (3rd round): starting from "ZERO", 1º, 2º and 2º 3rd classified will be the athletes with the highest score after the performance of the two mandatory poomsaes of this Final round.



















Number of competitors required to perform the different ROUNDS:

Between three and eight competitors: They will only make the Final Round.

Between nine and nineteen competitors: They will perform the Semifinal and 3rd Final:

- The Semifinal Round 2, all.
- The Final Round 3, the eight that have the best score.

Twenty competitors and more: They will perform the three rounds:

- First Round, all.
- Semi-final 2nd Round, 50% of those with the best score, nine or more.
- Final Round 3, the eight with the best score.

Draw of lots

1. A total of six poomsaes will be drawn for each category.

1st ROUND: two of the eight recognized poomsaes will be drawn as "mandatory poomsaes", which will be the same for all competitors in the same category.

2nd ROUND: two of the eight recognized poomsaes will be drawn, as "mandatory poomsaes", which will be the same for all competitors in the same category.

3rd ROUND: two of the eight recognized poomsaes will be drawn, as "mandatory poomsaes", which will be the same for all competitors in the same category.



















FREESTYLE TECHNICAL RULES:

Minimum grade in the different categories FreeStyle poomsae 1st Dan / Poom Red/black

No competitor may participate in more than 2 categories. (example: 1 poomsae and 1 freestyle, 2 poomsae or 2 freestyle)

Division, Freestyle Poomsae (Free Style Poomsae). Categories based on the year of birth.

- a) Male Individual.
- b) Female Individual.
- c) Pairs
- d) Mixed team (5 participants including two men and three women, or two women and three men)

Competitors must wear only the official uniform approved by the RFET - WTE and WT in the championships of Poomsae and FreeStyle Poomsae.

FREESTYLE MIXED TEAM

There will be 2 categories of freestyle mixed team:

- 1. Under 18 years. All participants must be under 18 years old.
- 2. Over 18 years. All participants must be over 18 years or a maximum of 2 of them could be under 18 years old

CLASSIFICATION OF RESULTS

Note: In each of the categories there must be at least three registered athletes, if there are less than three this category will be cancelled.

i. Individual Awards

Medals will be awarded to the top four athletes in the respective classifications and weight divisions of the pertinent championships:

1st PLACE:	GOLD MEDAL & CERTIFICATE
2 nd PLACE:	SILVER MEDAL & CERTIFICATE
3 rd PLACE:	BRONZE MEDAL & CERTIFICATE
3rd PLACE:	BRONZE MEDAL & CERTIFICATE

ii. <u>Team Awards</u>

Based on the point system below, the top five (5) teams of the Men's division and the top five (5) teams of the Women's division will receive trophies:

RATIONALE	NO. OF POINTS AWARDED		
For every Gold Medal:	7		
For every Silver Medal:	3		
For every Bronze Medal:	1		



















CONDITIONS FOR PARTICIPATION

i. Airfare and Accommodation

Round trip airfare and accommodation charges of room and board shall be borne by the participating teams

ii. Entry Fees

For each contestant 100€ Entry fee must be paid <u>before 10th March at 15:00h. CET</u> by transfer to the following Bank Account:

Bank name: SABADELL CAM

Account Number ES60 0081-7314-4600-0147-2748

IBAN / BIC - ES60 / BSAB ESBB

Titular: REAL FEDERACIÓN ESPAÑOLA DE TAEKWONDO

Mark transfer information with "Spanish Open 2020 entry fee – name of National Association/Country/Club".

YOU HAVE TO ENCLOSE A COPY FROM THE TRANSFER WITH THE APPLICATION. To:

enacional@fetaekwondo.net

RESTITUTION WILL NEVER BE MADE AFTER THE DEADLINE

Entry fee received after this date will not be accepted.

CLOSING DATE FOR ENTRIES REGISTRATION

The registration will be ONLINE through http://www.tpss.eu/.

Deadline will be the 10th March 2020 at 15:00h. CET

IMPORTANT: If the athlete registered on-line (www.tpss.eu) does not take part in the competition, but he/she has not been removed from the list of participants before the deadline (10th of March 2020) his/her team or official must fully (100%) pay his/her Entry fee for participation. Entry fee is not refundable at any time after the deadline.



















INDEMNITIES

- i. The respective national taekwondo associations shall be responsible for ensuring that their participants have validly completed and signed the official participation forms, thus indemnifying the organizers, its officials and other contestants from any claims of injuries, losses, fatalities or otherwise arising in the course of participation in this championships or any activities thereto.
- ii. The respective national taekwondo associations shall be responsible for ensuring that all officials and participants are covered with effective insurance coverage.
- iii. Participants without proper participation entry forms and effective insurance coverage will not be allowed to compete at the championships.
- iv. The Organizing Committee will acquire general insurance, at its own expenses, for the contestants and staffs, in the event of any injury that may arise during the course of the championships.

ACCOMMODATION

AGENCY: EXPERIENCIAS UNICAS

INFORMATION AND RESERVATION CONTACT: (+34) 647 458 239 // (+34) 96 556 52 74

E-MAIL: reservas@experienciasunicas.com

Webpage of hotels and transportation: www.experienciasunicas.com

SCHEDULE OF EVENTS (subject to change)

GENERAL SCHEDULE (subject to change)				
DATE	TIME	EVENT	LOCATION	
19th March (Thursday)	10:00h to 13:00h 15:00h to 18:00h	registration and accreditation POOMSAE & FREESTYLE	VENUE: PALAU D'ESPORTS L'ILLA DE BENIDORM	
20th March (Friday)	08:00h (TBC)	Competition POOMSAE & FREESTYLE	VENUE: PALAU D'ESPORTS L'ILLA DE BENIDORM	



















LIABILITY DECLARATION

The	Signer
1116	JIKITEL

Pres	ident'	s Name						
Addı	ess							
Tel						Fax		_
Nam	e of N	lational Ass	sociation					
							rmed by his/her signature that liability participating in the 18th Spanish Open	
2020–	Spain-							
This in	suran	ce is liable	for all dam	ages of per	rsons or be	longing	s and releases the Organizing Committee	٠, د
the Ro	yal Sp	anish Taek	wondo Fed	eration, fr	om any liab	ility or	indemnity.	
It is ex	pressl	y confirme	d that, in c	se of dam	ages of per	sons or	belongings, claims for compensation ar	С
demar	nds wh	natsoever c	annot be p	ut forth to	the Organi	zing Co	mmittee and the RFET.	
Repres	sentat	ive's Signat	ture				Date	
(with A	Associa	ation stam	p)					

Please send the forms to us before 10th March at 15:00h. CET













